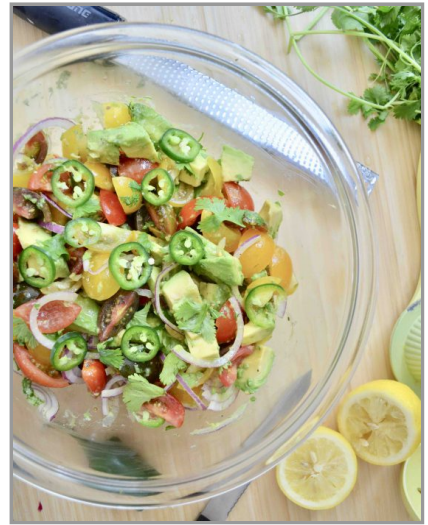


Tomato and Avocado Salad

Ingredients

- 1 pint fresh tomatoes
- 1-2 lemons
- 2 avocados
- 1 jalapeno
- 1 small red onion; or half of a large red onion
- ½ cup freshly chopped cilantro; or basil can be used in place of it
- salt
- pepper
- olive oil



Instructions

1. Cut the tomatoes into small, bite-sized pieces and place in a large bowl
2. Cut the avocado into small cubes and scoop into the same bowl as the tomatoes
3. Thinly slice the red onion and place the pieces in a bowl with some ice water for a few minutes; then scoop them out and place the slices in the bowl with the tomatoes and avocado
4. Use a microplane/grater/zester, to take the zest off of one lemon and add it into the bowl
5. Cut the jalapeno into thin slices and add it into the bowl
6. Squeeze the juice of one lemon into the bowl
7. Drizzle with olive oil
8. Season with salt and pepper
9. Taste, and adjust seasoning as desired

Recipe by From Scratch With Maria Provenzano at <http://fromscratchwithmaria.com/tomato-avocado-salad/>